



# OUTLOOK

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## **British Columbia Dental Hygienists' Association**

*Your connection to a growing, vibrant professional community*



## ***BC On Its Way to New Dental Hygiene Regulation***

Calling all BCDHA Members!

BCDHA has reviewed the [proposed changes to the Dental Hygiene Regulations](#), and we are calling on all BCDHA members to send a letter of support to the professional regulation division of the Ministry of Health indicating your support and any suggestions you have. The deadline for submission to the government is **December 2, 2019**, so don't delay!

The proposed amendments to the Dental Hygiene Regulation include the removal of the '365-day rule', clarification regarding the ability of dental hygienists to self-initiate the administration of x-rays and the ability to provide oral local anesthesia without a dentist being on site.

*Visit the [BCDHA website](#) for suggestions to help you write your letter.*

*(Continued on page 2)*

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Please click [here](#) to view the press release from the Minister of Health regarding the proposed amendments. Please click [here](#) to go to the Dental Hygiene Regulation page on the Ministry of Health website (scroll down and expand the item title "Proposed Regulation Amendments").

BCDHA will be sending a formal response to the Ministry of Health and the College of Dental Hygienists of BC (CDHBC) with a list of recommendations that we would like the government to consider prior to the finalization of the regulations.

Please remember that until these regulation changes are approved and made official, [you must continue to practice within the existing 365-day rule and other current regulations](#).

**Points BCDHA will make to government:**

- 1) Ask the Ministry to move forward with these regulatory changes as soon as possible;
- 2) However, we have confidence that the CDHBC will establish standards, limits and conditions that reflect safe and competent dental hygiene practice it is difficult to comment on some elements of these proposed regulations when the standards, limits and conditions are not available for review;
- 3) Section 6 is both unnecessary and confusing and therefore, we recommend omitting the entire section. If this section does remain in the regulation, BCDHA suggests the existing terminology for section 6.1 'independent practice' be clarified and consideration given to using the phrase 'private dental hygiene practice' instead. We also suggest a change to

section 6.3 to 'A registrant, in the course of providing dental hygiene services to a patient, will refer the patient to an appropriate health care provider according to the needs of the patient.' This is an important distinction because dental hygienists are required to make referrals based on the needs of the client, and the referral path should reflect the most appropriate health care professional (who may be a health professional other than a dentist).

- 4) We understand that 'prescribing' is a long-term challenge and that the current proposed regulations do not include prescribing rights for dental hygienists. This lack of prescribing rights may impact access to some local anesthetics and other prescription drugs that are important for the provision of safe and competent oral health care. After these current regulations are approved, we look forward to further discussion and consultation with government and stakeholders about dental hygiene prescribing authority.

Please consider sending a letter, in your own words, to indicate your support for moving the proposed regulation forward to completion. The government has requested that comments on the proposed regulation changes be submitted to both the Ministry of Health at [PROREGADMIN@gov.bc.ca](mailto:PROREGADMIN@gov.bc.ca) and to the College (CDHBC) at [cdhbc@cdhbc.com](mailto:cdhbc@cdhbc.com). If you wish to share your comments with BCDHA, we would love to receive a copy at [info@bcdha.com](mailto:info@bcdha.com).

Help your profession ensure these regulations are signed off and finalized. If you have specific questions about this topic, please contact the BCDHA Board at [board@bcdha.com](mailto:board@bcdha.com) or Andrea Burton, Executive Director at [aburton@bcdha.com](mailto:aburton@bcdha.com). ◇

### **Highlights of the October 18-19 Board of Directors Meeting in Burnaby.**

- The Board updated the **ENDS** with improved clarity in the vocabulary.
- A new framework for owner-linkage activities was established, along with a Terms of Reference for that committee.
- The Board discussed its response to Government's proposed amendments to the Dental Hygiene Regulation. Visit the [BCDHA website](#) for more information.
- The Board discussed its position on the CPEDH exam and will continue to follow and participate in this discussion.
- The rates for the BCDHA 2020 Fee Guide were set.
- The Board determined that it will not increase Membership fees in 2020.

# Message from the Chair

By Tammy Gulevich, RDH



As I prepare this message, Canada has just finished the federal election campaign. It was interesting to see how dental health became a platform to which all parties were making campaign promises. This is an exciting time for oral care to finally be recognized as part of overall health with policymakers.

[Preparing the Future Dental Hygiene Workforce: Knowledge, Skills, and Reform](#) is a recently published article on the future of dental hygiene which discusses all the doors that will open for dental hygienists as oral care becomes more recognized with politicians and political platforms. It speaks of the unique perspective that dental hygienists can bring to the primary care network as we are well situated to work as administrators, case managers, in hospitals and long-term care facilities, public health and communities and in primary care. I encourage all dental hygienists to read this article and consider the exciting possibilities that will exist for dental hygienists in the future.

One of the BCDHA Board's jobs is to link with owners (you, our members) to ensure we are setting our goals in the right direction. This involves thinking about what we want the Dental Hygiene profession to look like in the years to come, the challenges we may face and the opportunities we need to take advantage of. This is the role of a strong professional association and the BCDHA board tries hard to make these connections. As part of our forward thinking we will be looking at all the options that will be available to the dental hygienist and how to ensure smooth transitions into these roles.

And speaking of paths, enjoy the change of seasons, and take advantage of all that fall has to offer in Beautiful BC! ◇

## Call for 2020 Award Nominations

### ***Dianne Gallagher Inspiration Award***

This award is presented annually and recognizes and honours a dental hygienist or dental hygiene student who has challenged or inspired other dental hygienists to make their personal and/or professional futures better.

### ***Barbara J. Heisterman Award***

This award is given annually to a Registered Dental Hygienist who best exemplifies the outstanding and unique attributes and values of Barbara J. Heisterman, and who demonstrates outstanding innovation and commitment to care in their dental hygiene practice.

### ***Life Membership***

Life Membership in the British Columbia Dental Hygienists' Association is awarded to an active member of the Association who has made an outstanding contribution to BCDHA over a number of years.

***Nomination forms are located on the [BCDHA website](#).***

***All nominations must be received at the BCDHA office on or before December 31<sup>st</sup>.***

BCDHA and [Immunize.io](https://immunize.io) are pleased to bring you this complimentary webinar:

## ***Vaccine Hesitancy: What does the Dental Hygienist need to know?***

Thursday, November 28, 2019 7:00 - 8:00 pm

This webinar will examine the topic of vaccines and how it impacts client care in the dental setting.

Over the past one hundred years, vaccinations have been lauded as one of the greatest interventions in public health. Despite advancements in infection control and vaccinations, we find ourselves in an era of "vaccine hesitancy". This phenomenon refers to the delay in acceptance or refusal of vaccines despite the availability of services and has been listed as one of the World Health Organization's top 10 global health threats in 2019. By addressing the three key domains surrounding vaccine hesitancy; complacency, confidence, and convenience, healthcare professionals can turn the tide against this rising global health threat.

**Date:** Thursday, Nov. 28

**Location:** On-line webinar

**Time:** 7:00 pm – 8:00 pm

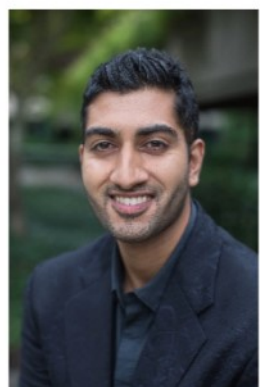
**Cost:** Complimentary

**To register:** email Wendy Jobs at  
[wjobs@bcdha.com](mailto:wjobs@bcdha.com)

**Free CE credit: CDHBC  
content categories A.2, C.4,  
D.1, D.4, D.6, E.1, E.2**

### ***The Learning Objectives of the Webinar:***

- Appreciate the impact of vaccine hesitancy on global health.
- Recognize the three domains of vaccine hesitancy (complacency, confidence and convenience).
- Identify the common immunization gaps in adults and how this pertains to the provision of dental hygiene care.
- Evaluate the need for recommended but "unfunded" vaccines.
- Understand the importance of vaccinations when travelling abroad.



### ***The Speaker: Ajit Johal, RPh, BSP, BCPP, CTH, CDE***

Ajit has been providing immunizations and clinical education since 2012. As a community pharmacist, he is an accessible provider of immunizations to patients in the community. In 2018, he started an organization called [immunize.io](https://immunize.io), with a mission statement of "taking our best shot at immunizing the world". Through "[immunize.io](https://immunize.io)" he has worked with numerous organizations and communities to improve education and reduce barriers to vaccination. Ajit is also a clinical instructor for the University of British Columbia Faculty of Pharmaceutical Sciences Program. At UBC he coordinates elective courses for UBC Pharmacy students, one of which focuses on vaccinations and "gaps in immunization".

## ***Dr. Zul Kanji - Recipient of the 2019 BCDHA Dianne Gallagher Award***

It was with great pleasure that the BCDHA Board of Directors chose Dr. Zul Kanji as the 2019 recipient of the Dianne Gallagher Inspiration Award. This award recognizes and honours a dental hygienist or dental hygiene student who has challenged or inspired other dental hygienists to make their personal and/or professional futures better.

Zul received his Bachelor of Science degree from the University of British Columbia (UBC), dental hygiene diploma from Vancouver Community College, Master of Science degree from UBC, and Doctor of Educational Leadership degree from Simon Fraser University. Zul was appointed as a full-time faculty member in UBC's Faculty of Dentistry in 2011 and appointed Director of UBC's Dental Hygiene Degree Program in 2015.



Dr. Zul Kanji (L) receives BCDHA 2019 Dianne Gallagher Award from Tammy Gulevich, BCDHA Chair



His current responsibilities include administration, teaching, and research. At UBC, he teaches evidence-based practice, ethics, local anesthesia, practice management, academic writing, and qualitative research methods to undergraduate students. He also supervises and supports dental professionals developing their research skills as they earn their master's degrees. His research interests include outcomes of baccalaureate education, interprofessional education, and student retention in post-secondary education. During his time at UBC, Zul has received 10 Faculty of Dentistry teaching awards, the W.W. Wood National Teaching Award from the Association of Canadian Faculties of Dentistry, and CDHA's Excellence in Teaching Award. He has 18 peer-reviewed publications in dental hygiene, dental education, and higher education journals.

Zul has been instrumental in developing and implementing interprofessional learning opportunities across the university, serving as past chair of UBC's Health Curriculum Committee. He also helped develop the Faculty of Dentistry's first dental hygiene-led international community outreach program (Vietnam) in 2017. He is a passionate ambassador for dental hygiene baccalaureate education. He is a national and international speaker on dental hygiene education and serves on CDHA's Education Advisory Committee and Leadership Alliance for Baccalaureate Education. He also served as a director on the board of the College of Dental Hygienists of BC (CDHBC) between 2015-2019 and is a member of CDHBC's Discipline and Registration committees.

Zul enjoys traveling with his family, kayaking, swimming, and tennis. Outside of his family, what gives Zul his greatest joy and fulfillment is the opportunity to facilitate the personal and professional growth of current and future dental hygiene trailblazers. ◇

# Antibiotic Use & Dental Practice: How You Can Become a Resistance Fighter

David M. Patrick, MD, FRCPC, MHSc, Medical Epidemiology Lead for Antimicrobial Resistance, BCCDC Professor, UBC School of Population and Public Health

Clifford Pau, BSc, MSc, DMD, Clinical Assistant Professor, Department of Oral Biological and Medical Sciences, UBC Faculty of Dentistry

It's time we all joined the resistance. The overuse and misuse of antibiotics is contributing to the development of antimicrobial resistance, an emerging threat to health and health care system sustainability. Dental professionals are desperately needed in the fight to reduce this threat.<sup>1</sup> The amount of antibiotics used in a population is a strong determinant of risk for resistance. Where antibiotics are used more wisely, the risk of resistance is diminished.<sup>2</sup>

## The Problem

Dental surgeons and dental hygienists play an important role in how often antibiotics are used in the community. 319,000 antibiotic prescriptions in

2016 came from dentistry, representing 12% of all outpatient antibiotics in BC. This proportion is higher than the national average (8%) for the dental profession.<sup>3</sup> While medical prescribing has decreased by 33% over 20 years, dentists have actually increased prescribing by 30% (Figure 1)! According to a national survey, use may be increasing partly due to more implant surgery, but prophylactic courses prescribed are too long when indicated and are still prescribed in settings where there is no benefit (e.g. patients with prosthetic joints).<sup>4</sup>

Not only do unnecessary prescriptions raise the risk of resistance, but they come with risk of drug reaction, microbiome disruption and *C. difficile*

Figure 1. Antibiotic Prescribing Rates by Profession, 1996-2016 (Source: BCCDC Analysis of BC PharmaNet Data)

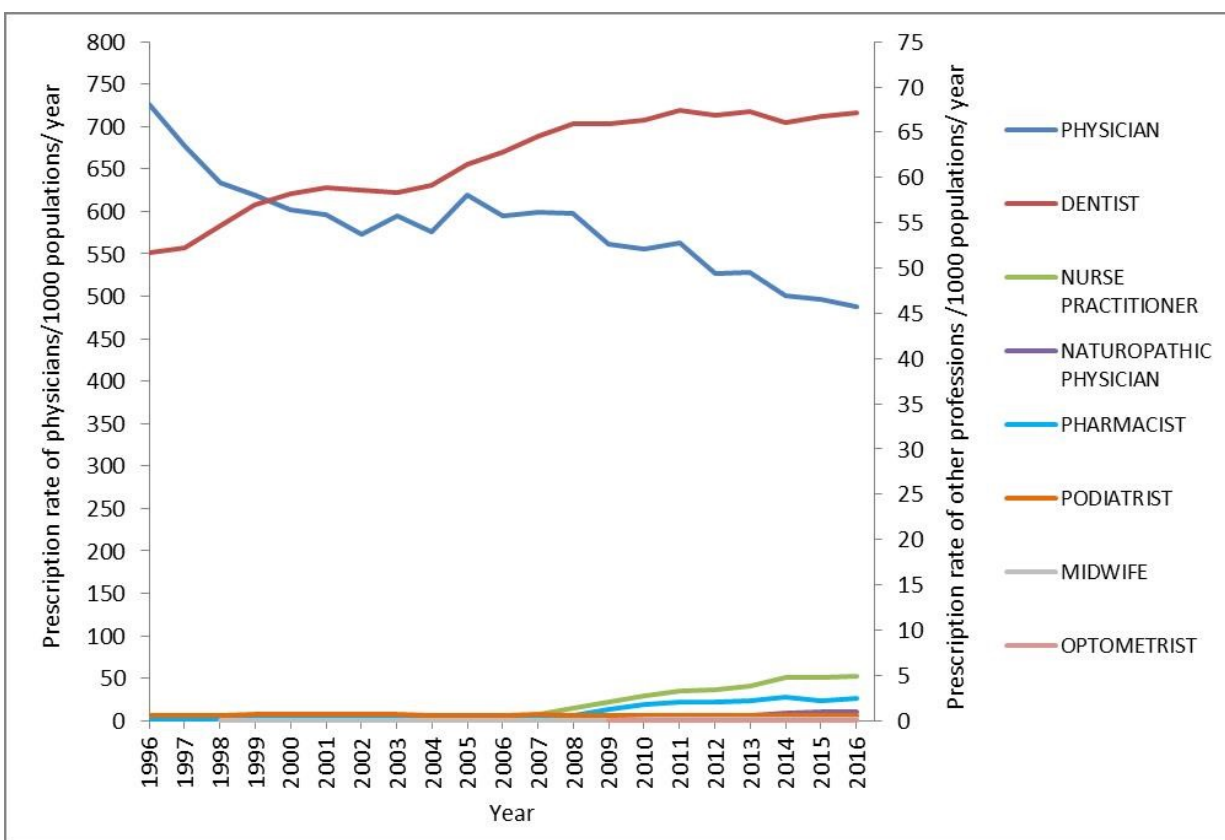
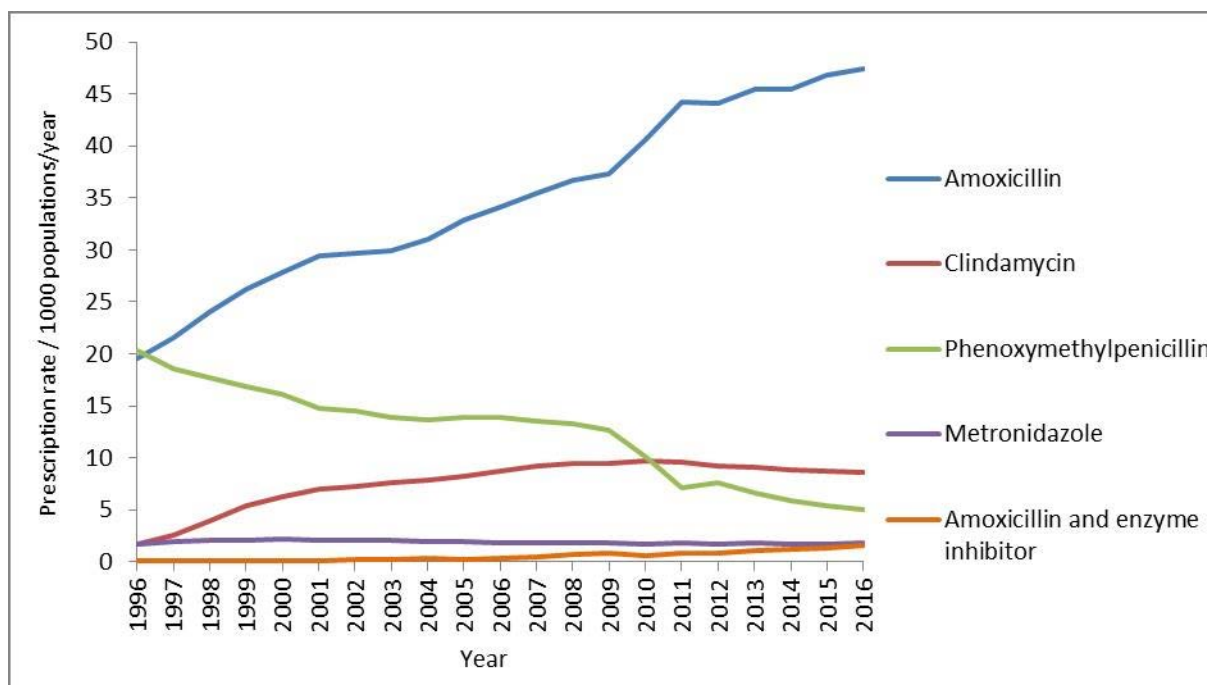


Figure 2. Trends in Use for the Five Most Frequently Used Antibiotics in Dental Practice in 2016  
(Source: BCCDC Analysis of BC PharmaNet Data)



diarrhea. Such risks may be justifiable when there is clear benefit to a course of antibiotics, but not when evidence is to the contrary. Dentists contributed over 40,000 prescriptions for clindamycin in 2016, representing 13% of prescriptions by the profession and about half the total for that drug in BC. (Figure 2) Clindamycin has an especially high risk of *C. difficile* infection and it is certain that this level of use is resulting in some cases, each of which carries a risk of mortality. Clindamycin use can be greatly diminished by taking a careful history to validate whether a patient really does have a serious reason to not be prescribed beta lactam (penicillin and amoxicillin) treatment.<sup>5</sup>

Most dental prescriptions are for amoxicillin (Figure 2). While it is understood that the multiple formulations available make it easier to use, especially for children, its spectrum is excessively broad for most orofacial indications and penicillin V should remain the drug of first choice.

### Your Role in the Solution

While dental hygienists do not prescribe antibiotics themselves, we know that in practice you play an important role in whether or not a patient receives a prescription. The good news is that there are seven concrete actions that can be taken to dramatically and safely reduce unnecessary antibiotic use. (Table 1) All of these approaches are evidence-based, safe and most are included in core messaging to dental professionals by Choosing Wisely Canada.<sup>5</sup>

- Antibiotics are never indicated for acute pulpitis or acute apical periodontitis and are of no value for acute apical abscess in the absence of

systemic symptoms/cellulitis; treatment of all these conditions is operative

- There are very few remaining indications for prophylaxis for heart conditions and no benefit of prophylaxis for those with prosthetic joints
- We need to ensure that higher risk drugs (e.g. clindamycin) are only used when first line agents are truly contraindicated
- In those cases where prophylaxis is indicated, a single pre-operative dose is the norm. Taking antibiotics for days or a week after a procedure has about the same value as using a condom for a week following intercourse! What they do achieve is a dramatically increased risk of selecting for resistance or for *C. difficile* disease.

A free and up to date synthesis of evidence-based guidelines for antibiotic use in dentistry is available to all BC and Alberta based dentists and dental hygienists by visiting [www.BugsandDrugs.org](http://www.BugsandDrugs.org) and clicking on the Dental tab.

### We've Got Help

We also understand that pressure from patients can drive prescribing in busy practices. Similar pressure on physicians has been greatly reduced by messaging to the public to the effect that colds, "flus" and viral infections don't need antibiotic treatment. The BCCDC and the BC Dental Association collaborated last fall on messaging to the public that, "Most toothaches and dental procedures don't need antibiotics. Ask your dentist."

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**Table 1. Seven Actions You Can Safely Take to Fight Antibiotic Resistance**

| Message                                                                                                    | Source of Advice                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Don't prescribe antibiotics for irreversible pulpitis (toothache)                                          | Choosing Wisely                                                                                                                                                                                                                             |
| Don't prescribe antibiotics for acute dental abscess without signs of systemic involvement                 | Choosing Wisely                                                                                                                                                                                                                             |
| Don't give prophylactic antibiotics prior to dental procedures to patients with total joint replacement    | Choosing Wisely<br>CDA/COA/AMMI Canada Joint Statement                                                                                                                                                                                      |
| Don't give prophylactic antibiotics to patients with non-valvular cardiac or other indwelling devices      | Choosing Wisely                                                                                                                                                                                                                             |
| Limit pre-operative antibiotics to a single dose.                                                          | Bugs and Drugs                                                                                                                                                                                                                              |
| Have your office adapt an algorithm to validate beta lactam allergy so as to avoid over-use of clindamycin | Do Bugs Need Drugs?<br>Available from: <a href="http://www.dobugsneeddrugs.org/health-care-professionals/resources-dentists-dental-hygienists/">www.dobugsneeddrugs.org/health-care-professionals/resources-dentists-dental-hygienists/</a> |
| Use penicillin rather than amoxicillin as drug of first choice for most indications                        | Bugs and Drugs                                                                                                                                                                                                                              |

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### Take Home Message

It is now four years since we first learned that dental antibiotic use was higher than expected and our pattern of use has yet to change. At this point, we need to embrace evidence-based guidelines that allow us to

safely reduce the unnecessary exposure of our patients to antibiotics. We urge you to print out the table of actions in this paper, keep it visible in your office and join the resistance!

*This article is adapted with permission by the BC Dental Association.*

### Acknowledgements

Abdullah Mamun, Samar Abdulle, Jason Curran, Nick Smith, Emily Rempel

### References

1. O'Neill J. Antimicrobial resistance: tackling a crisis for the health and wealth of nations. Rev Antimicrob Resist. 2014. <http://amr-review.org/Publications>.
2. Patrick DM, Hutchinson J. Antibiotic Utilization and Population Ecology: How You Can Reduce Your "Resistance Footprint". Can Med Assoc J 2009; 180 (4):416-21 doi:10.1503/CMAJ.080626.
3. Glass-Kaastra S, Taylor JC, Conly JM, Arthur J, German G, Morris AM, Patrick DM, Thirion D, Weiss K, Gravel D. Antimicrobial prescribing by dentists, nurses, and pharmacists in the ambulatory setting in Canada. AMMI-CACMID 2018 Conference. J Assoc Med Micro Inf Dis 2018; 3(suppl01): Abstract PF13, p 52. Published online April 26, 2018. <https://doi.org/10.3138/jammi.3.suppl.01>
4. Antibiotic prescribing practices of Canadian dentists: National survey highlights. CDA Essentials 5(1): 24-27 <https://www.cda-adc.ca/en/services/essentials/2018/issue1/25/>
5. Choosing Wisely Canada: Eight Things Dentists and Patients Should Question <https://choosingwiselycanada.org/hospital-dentistry/> Accessed July 4, 2018.
6. Public Health Ontario. Antimicrobial Stewardship Strategy: Systematic antibiotic allergy verification. Accessed from <https://www.publichealthontario.ca/en/BrowseByTopic/InfectiousDiseases/AntimicrobialStewardshipProgram/Pages/ASP-Strategies.aspx> July 4, 2018

## Public Awareness Campaign

During the month of October BCDHA launched a Public Awareness Campaign to educate the public on the value dental hygienists bring to primary care. You may have noticed the billboards below and similar signs around Vancouver,



Pitt Meadows, Tsawwassen, Abbotsford, Chilliwack, Kamloops, Kelowna, Penticton, Prince George and Nanaimo. You will also see these messages on social media, and if you do, please share.

**Spread the word!  
Help people to see  
their dental  
hygienist as part  
of their primary  
health care plan!**

Visit the BCDHA website to print this pdf Infographic. Hand it out to clients and/or post it in your office/ dental hygiene clinic, or around your neighbourhood. You can also spread the word on social media by sharing this jpeg image which is available on the [BCDHA website](http://bcdha.com).

## DENTAL HYGIENISTS: ORAL CARE FOR BETTER OVERALL HEALTH

Regular dental hygiene care is more than a great smile - it can help save your life.  
Dental hygienists do more than clean your teeth.

| Prevent Problems                                                                    | Make Mouthguards                                                                                                     | Improve Oral Health                                                                                       | Identify Disease                                                                                                                      | Monitor your Blood Pressure                                                              |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Regular visits to your dental hygienist can prevent gum disease and cavities.       | No matter your age or sport of choice, dental hygienists can fit you with a custom mouthguard to protect your smile! | Dental Hygienists remove plaque and stains, give local anesthetic, take x-rays, apply fluorides and more. | Monitor changes in the mouth and in the head & neck which can be the first line of detection of oral cancer, sleep apnea or diabetes. | Primary care includes monitoring blood pressure - and your dental hygienist can do this! |
|  |                                   |                       |                                                  |     |

**See your dental hygienist as part of your primary health care plan!**

  
Penticton, July 2, 2019

# Alumnae Treat Children in Nepal with Global Dental Relief

By Katy Troyer, Deputy Director, Global Dental Relief,  
M.A. International Development - Global Health from the University of Denver  
katytroyer@globaldentalrelief.org

***Katy is a global humanitarian at heart. She began volunteering overseas as a teenager and hasn't looked back. After graduate school and living in Guatemala, she joined the GDR team in 2012. Since then she has led over 20 dental clinics overseas.***

Nepal is world-renowned for Mount Everest, the tallest peak in the world at 8,848 meters. Most tourists pass through Kathmandu on their way to the majestic Himalayas not realizing that this city is full of wonders. Awe-inspiring stupas and temples, rich Hindu and Buddhist culture, UNESCO world heritage sites and last but not least the sweetest kids greeting travelers with a big smile full of cavities. That's where Global Dental Relief (GDR) steps in.

Since 2001, GDR volunteers have provided \$13 million US dollars in dental care to 78,612 children in need in Nepal. Hygienists, dentists, assistants and general volunteers from the United States, Canada and 23 other nations work in field clinics set up at schools in Kathmandu, Pokhara and Pharping. In a country where there is 1 dentist per 5,000 people<sup>1</sup> GDR volunteers provide the only hope these children have for a happy, healthy smile.

Alumnae Kesha Patel and Manjyot Rayat volunteered with GDR in Kathmandu last spring. For six days these two recent graduates and their team treated 795 children with much-needed dental care and oral health education. Hygienists Kesha and Manjyot performed 106 cleanings and 273 sealants! Together with fellow teammates, they provided a total of US \$173,620 in donated dental care to patients ranging from five to fifteen years of age.

When the volunteers arrived at the clinic each morning, they were greeted by a long line of excited students calling out Namaste. As the children waited to enter the clinic, they were gifted a toothbrush and taught how to brush. Next each child received an initial examination, followed by a cleaning and restorations, sealants and extractions as needed. At the end of their treatment, patients were given a fluoride treatment and their final oral health lesson



to improve nutritional awareness.

Before they departed the clinic, the children often bowed in deference to thank the volunteers for their help. Many of these young patients live in remote mountain areas and are sent to boarding schools in Kathmandu for a better life. They often walk for hours from home before getting on a bus that takes them to the city. The devastating earthquake of 2015 destroyed many of their villages resulting in lost loved ones, homelessness and more poverty.

Kesha reflects, "It was a wonderful feeling to use my skills and expertise as a dental hygienist to help so many in need of dental care. Interacting with the student volunteers at SMD was even more rewarding. Hearing about the journey they've all had just pulled on our heart strings and reminded us how grateful we are for all the things we take for granted. We've built long-term friendships with these students and they still keep in touch with us, which is so heartwarming. This was our first GDR trip and we could not have been more impressed with the organization. Manjyot and I are certain we will return."

Nepal is similar to the other countries where GDR works, where there is extreme poverty and limited if any access to dental care. As a result, a small area of

(Continued on page 11)



Manj Rayat and Sara Ledwidge with patient

(Continued from page 10)

decay in a child's mouth goes untreated until the tooth, or many teeth, are compromised. Without care, they suffer from chronic pain and infection, sometimes for years. Dental decay affects a child's ability to eat properly, sleep at night, pay attention in school and generally thrive.

GDR's model of care is unique - they are committed to serving the same school every 1.5 to 2 years to ensure that children have a healthy, beautiful smile when they embark on adulthood. In many of the schools where GDR has been working for over a decade, the results are clear. Seventy-five percent of the care provided is restorative or preventive. GDR volunteers are improving the health of children around the world.

GDR needs two to three hygienists on each clinic to provide cleanings, sealants and oral health



Kesha Patel and Taylor Charbonnaue working

education to children. Volunteers from all walks of life are welcome, - including dental professionals, non-dental folks and students - to join teams in Nepal, India, Guatemala, Kenya and Cambodia. Most trips range from 10 to 14 days including international travel, six days working in the clinic and sightseeing afterwards.

Trek part of the Everest trail or visit Chitwan



The Everest Range

in Nepal. Explore Angkor Wat and floating villages in Cambodia. Experience Antigua or Kayak on beautiful Lake Atitlan in Guatemala. Visit Northern India's temples and rustic Tibetan-like landscape. See elephants, lions and giraffes during a safari in Kenya.

Since 2001, GDR has hosted 2,859 volunteers from all over the world providing dental care and oral health education to more than 182,000 children.

Join a GDR clinic and change the life of hundreds of children! To learn more about volunteering with Global Dental Relief contact:

[volunteer@globaldentalrelief.org](mailto:volunteer@globaldentalrelief.org) or visit [www.globaldentalrelief.org](http://www.globaldentalrelief.org). ♦



Nepalise child

#### References:

<sup>1</sup> *Density of Dentists*. The World Health Organization [https://www.who.int/gho/health\\_workforce/dentistry\\_density/en/](https://www.who.int/gho/health_workforce/dentistry_density/en/)

## Congratulations to these award winners...

### Vancouver Island University



2019 VIU Award of Excellence - Alexandra Cloutier (L) with presenter Tamara Maniec, BCDHA Director



2019 VIU Student Presentation Award shared between Nicole Styles (L) and Melissa Hatfield. Presenter Stephanie Crocker, VIU Faculty (centre)

### CDHA Distinguished Service Award - Cindy Fletcher

### 2019 CJDH Research Award for best literature review

Dana E. Belinski and Zul Kanji for their article, [“Intersections between clinical dental hygiene education and perceived practice barriers,”](#) which was published in the June 2018 issue of the journal (Can J Dent Hyg 2018;52[2]:132–39).

### CJDH Student Essay Award - Ashley Chicote



## Congratulations to these Independent Dental Hygiene Practitioners celebrating anniversaries!

### October Anniversaries

Liz-Ann Munro Lamarre - The Smile People, dental hygiene clinic, 10 years  
Mary Ellen Breckenridge - Victoria's Dental Hygiene Clinic, 20 years  
Larissa Mitchell - White Lilly Hygiene, 4 years  
Soheil Irvani - Healthy Smile Mobile Dental Hygiene Inc, 10 years

### November Anniversaries

Monica Maletz - Fraser Valley MobileDent, 20 years  
Joanna Bernath - Fresh Dental Hygiene, 3 years  
Satinder Pria Dhaliwal - Toothbus Mobile Dental Hygiene Inc, 3 years  
Sandie Ferguson - Beautiful Smiles Dental Hygiene, 21 years

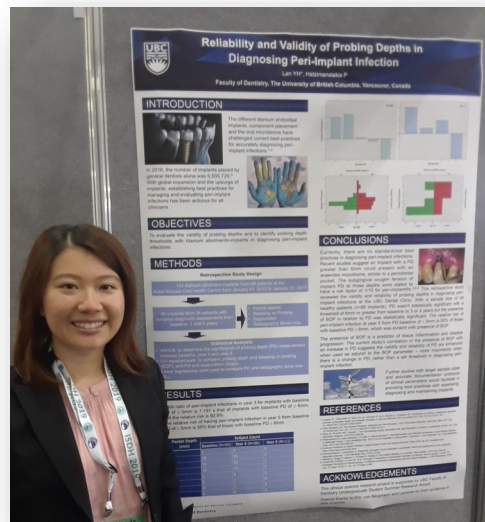
## BC dental hygienists making an impact on the national and international levels!

### 2019 International Symposium on Dental Hygiene



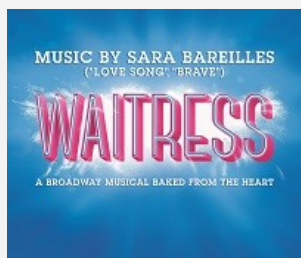
BCDHA member, Yolanda Lan and Zul Kanji (shown left) presented their research at the International Dental Hygiene Educators' Forum where the topic of discussion was re-thinking dental hygiene education, exploring integrating community-engaged learning to prepare graduates for roles in public health.

Yolanda's research was on the Reliability and Validity of Probing Depths in Diagnosing Peri-Implant Infection. She is seen here with her research poster. Yolanda's MSC research supervisor at UBC is BCDHA member Penny Hatzimanolakis. ♦



### Looking for gift ideas?

Give the gift of entertainment from Broadway Across Canada. Purchase your discounted tickets on the [BCDHA website](#). You can also find descriptions of these shows under Professional Resources > Corporate Offers.



University  
of Victoria  
Continuing  
Studies

### Current Concepts in Dentistry - November 9<sup>th</sup> to 12<sup>th</sup>, 2019, by the University of Victoria, Division of Continuing Studies

Dental office personnel need to be skilled in recognizing which dental patients represent an increased risk during treatment. Learn more at Managing the Medically Compromised Patient or How to Prevent Medical Emergencies, part of the 21st annual Current Concepts in Dentistry (Nov. 9-12) by the University of Victoria, Division of Continuing Studies. This one-day course is open for registration to dentists and allied staff. Early bird rate is available. 250-472-4747.

**Presenter: Stanley F. Malamed, DDS**

**Date: Monday, Nov. 11, 2019: 8.30 am – 4pm**

**Location: University of Victoria, Victoria BC**

**Credits: 7 CE credits**

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RESORT

# BCDHA Around Town...



## Providence in the Park

On Saturday, September 14, 2019 BCDHA was at Oppenheimer Park in Vancouver with the Hands in Service Mobile Dental Hygiene Clinic to provide much needed dental hygiene services to the Downtown Eastside Community.



## 2019 Baby & Family Fair

Twelve BCDHA members volunteered their time and expertise at the Vancouver Baby & Family Fair held October 26<sup>th</sup> & 27<sup>th</sup> at the Vancouver Convention Centre. Once again, our booth was a popular stop for hundreds of children, their parents and parents-to-be. Many thanks to our enthusiastic and patient volunteers who provided important oral care information and advice, all while giving each child an age appropriate toothbrush.



**BCDHA requires dental hygienist volunteers for various events throughout the year. A volunteer call-out will be emailed to members in nearby areas a few weeks prior to the event.**





THE CANADIAN DENTAL  
HYGIENISTS ASSOCIATION  
L'ASSOCIATION CANADIENNE  
DES HYGIÉNISTES DENTAIRES

## CDHA CORNER

**Dear dental hygiene  
colleagues and friends,**

First, many thanks to the BC members for electing me as your new British Columbia CDHA board director. Filling Mandy Hayre's shoes is a large order and believe me I will take this opportunity to contribute to the profession with as much enthusiasm as she did! Thanks Mandy for your well wishes and encouragement.



I recently attended my first meeting of CDHA's board in St. John's, Newfoundland & Labrador, held in conjunction with "Discover," CDHA's biennial national conference. I appreciated meeting and chatting with so many of you there. Communicating using active listening and connecting with others are my strengths.

As an online clinical assistant professor in the University of British Columbia's Dental Hygiene Degree Program, I make it clear to my students how important education is to me. I believe we all think it is important in our lifelong learning journey. One of the outstanding benefits of being a CDHA member is the opportunity to take free webinars throughout the year. I encourage you to view the Free Webinar page regularly on CDHA's website under the Education tab. I know I am planning to participate in the "Grassroots Engagement: Advocating for Oral Health" webinar. One of my courses is called "Policy Analysis and Change," which includes advocating for policy change.

I am honoured to serve the members of CDHA as a board director and look forward to the years to come. If you have any questions or comments, please contact me.

Sincerely,

Rae McFarlane, BScD(DH), MEd, RDH  
CDHA board director, British Columbia  
[directors@cdha.ca](mailto:directors@cdha.ca)



### UNMASKING OUR DENTAL HYGIENE SUPERHEROES!

The submissions were numerous—856 in all, including 253 from British Columbia—and the judging difficult, but we're thrilled to reveal our grand prize winner, Dianna Major, and two honourable mentions: Bev Woods and Shivon Hayles.

Check out their stories at  
[www.dentalhygienecanada.ca/superherowinners](http://www.dentalhygienecanada.ca/superherowinners)

## WHAT'S NEW AT CDHA?

### PROFESSIONAL DEVELOPMENT

#### NEW webinars recently released:

2019 Job Market & Employment Survey

Grassroots Engagement: Advocating for Oral Health

#### Webinars coming soon:

Aerosol Reduction, sponsored by Dentsply Sirona Academy, November 20

AAP Perio Classification, sponsored by Philips, January 15

Vaping, sponsored by Philips, February 19

Oral-Systemic Link, sponsored by Johnson & Johnson, March 18

[www.cdha.ca/webinars](http://www.cdha.ca/webinars)

#### 2020 Summit

Save the date! CDHA will host its next Leadership Summit, October 2-3, in Whitehorse, Yukon. Make plans now to join us in the North next fall! Registration details coming soon.

### OTHER NEWS

#### Vision of a Healthy and Respectful Workplace

To help members address the issues of harassment, bullying, abuse, and violence in the workplace, and guide you in creating a positive, respectful work environment, CDHA has developed a vision poster promoting a healthy and respectful workplace. A new online community has also been launched where you can share experiences and support one another. These and more resources to come at [www.cdha.ca/HealthyWorkplace](http://www.cdha.ca/HealthyWorkplace).

#### 2019 Award Winners

CDHA recognizes exceptional volunteer service and outstanding scholarship through its award programs. The board of directors is delighted to announce that Cindy Fletcher is this year's recipient of the board's Distinguished Service Award, and Sharon Compton has been awarded Life Membership.

[www.cdha.ca/awards](http://www.cdha.ca/awards)

#### A New Way to Enjoy CDHA Membership Perks

Now with Perkopolis, CDHA continues to bring you savings on entertainment, travel, shopping, dining, and more. Perkopolis, Canada's leading provider of fully managed perk programs. Use their online portal or download their app. Start saving today at [www.cdha.ca/CDHAPERKS](http://www.cdha.ca/CDHAPERKS).

#### Membership Renewal

Your CDHA membership is automatically renewed when you complete your annual CDHBC registration. CDHA membership provides access to many great benefits. Check out the advantages in our infographic and video.

[www.cdha.ca/6reasons](http://www.cdha.ca/6reasons)



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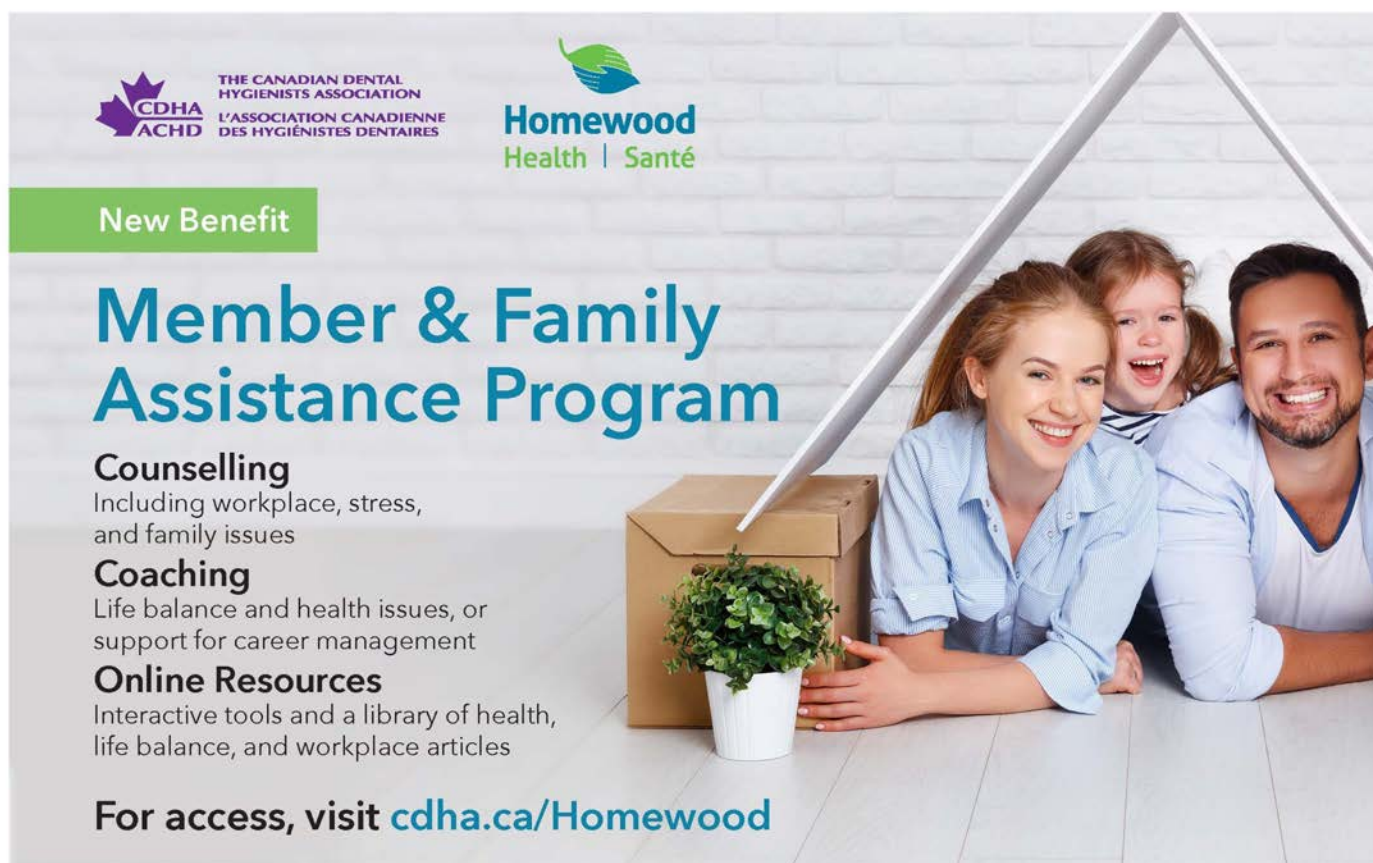
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